

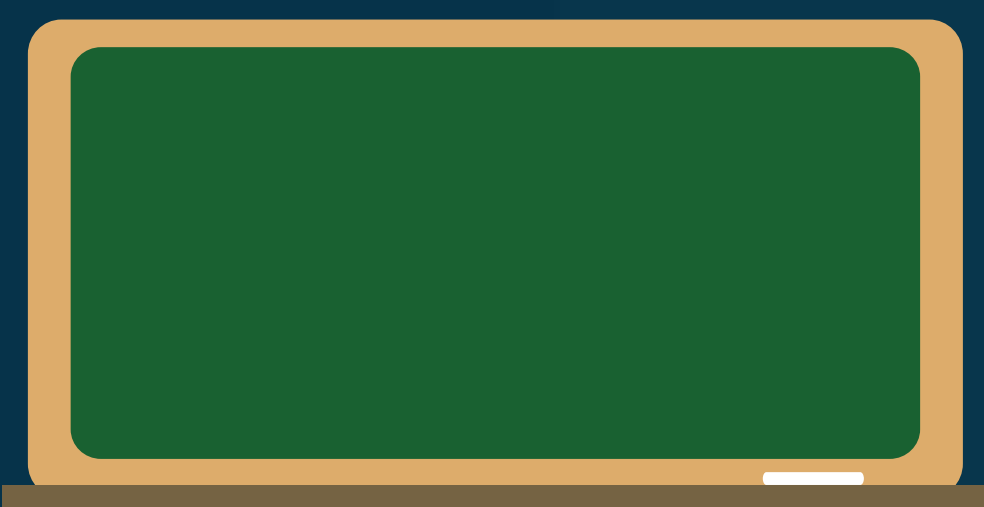
Physical Education



challenge

teach someone something new	lead a warm up	referee a match	make a research about your favorite sport
organize a game for the morning break	help out tidying up for a week	lead a cool down	teach a dance move
face a fear, do something that scares you	perform 10 burpees at the end of every class during 3 weeks	bring a piece of fruit and eat it every morning break during 3 weeks	complete 5000 steps a day during 3 weeks
create a physical education challenge	start a lesson saying one thing you like of each classmate	bring your water bottle to every class during 3 weeks	write a short feedback of every class during 3 weeks

Student's name



NUMBER OF CHALLENGES COMPLETED



Monato